

SAVE THE DATES

- February 7-10, 2019-iaedp Symposium
- March 8, 2019 (Half Day event)
- May 10, 2019 (Half Day Event)
- September 13, 2019 (Full Day Event)
- December 7, 2019 (Annual Winter Gala)

Connect with us!



www.facebook.com/iaedp-Heartland-Chapter-289320874412716/



www.twitter.com/heartlandiaedp



www.instagram.com/iaedpheartland



www.linkedin.com/company/heartland-iaedp

A LETTER FROM OUR PRESIDENT

KIM BERGER, MS, RDN, LDN

Welcome to Heartland's very first newsletter! We are excited to share this newsletter to all of our Heartland friends so you can stay connected to our latest events and news.

As the 2018 year has ended, we reflect on a year of strong and successful accomplishments! We had amazing speakers, informative presentations and a beautifully celebrated Winter Gala. None of this could have been achieved without the support of our amazing sponsors, members, and guests. A very special and heart filled THANK YOU to all our sponsors for your forever giving support to Heartland's mission and goals!

As we begin 2019, Heartland will continue to provide quality educational events with fun and exciting networking opportunities. We are always looking for volunteers to assist with our events as well as join our team. Sadly, this year we will be saying goodbye to some of our fabulous committee members and welcoming the new incoming members. If anyone is interested in joining Heartland's committee, please reach out to me and let me know of your interest. As we move forward to this new year, we have organized 3 more outstanding educational events. Here is just a taste of what we have in store for this year:

March 8: Meg Bowman's "Cultivating the Garden: Integrative Approaches to GI Issues in Eating disorders Recovery"

May 10: Jillian Lampert's "Eating Disorders and the Brain"

September 13: Heather Russo's "Bringing Research into the Room: Making evidence Based Practices Come Alive", Julie Friedman's "The Neurobiology of BED: Using a "Top-Down Approach to Inform Interventions for the Patient with BED", Samantha Bauer's : "Working with the Competitive Athlete and Eating Disorders."



Fast approaching is iaedp's 2019 Symposium, which will be held February 7-10 at JW Marriott Desert Springs Resort and Spa in Palm Desert, California. Attending the Symposium will offer the highest level of education and great networking opportunities. I would like to extend a meet and greet to anyone who will be attending the Symposium. Please feel free to reach out to me to say Hello or to meet for a cup of coffee. Looking forward to seeing some of you. Contact Kim Berger at kbergerrd@comcast.net.

OUR MISSION STATEMENT

"The Heartland iaedp Chapter aims to provide educational opportunities to treating professionals designed to increase awareness of eating disorder treatment and to enhance the skill of treating professionals."

OUR STATEMENT OF PURPOSE

"The Heartland iaedp Chapter offers continuing education, networking, and support for professionals of all disciplines, orientation, and levels of experience treating eating disorders throughout the Midwest."

CERTIFICATION CHAIR UPDATE

DELIA ALDRIDGE, MD, CEDS-S

Did you know that the only nationally recognized certification credential for Eating Disorders is currently the one issued by the International Association of Eating Disorders Professionals (iaedp™)? Through iaedp, an eating disorder professional can obtain a certification as a specialist, including the Certified Eating Disorder Specialist (CEDS), the Certified Eating Disorder Registered Dietitian (CEDRD), the Certified Eating Disorder Creative Arts Therapist (CEDCAT), and the Certified Eating Disorder Registered Nurse (CEDRN).

It is iaedp's™ mission to promote excellence in competency assessment for professionals in the eating disorders field through offering a rigorous set of criteria for the evaluation of education, training, knowledge and experience. iaedp's™ goal is to provide professional certification that is obtainable and affordable without compromising the high level of standards necessary.

Did you know that starting June 2019 all applicants (including those that qualify for equivalency) will have to pass the comprehensive iaedp™ Final Certification Exam.

The core courses are available online as a home study or you can register at a discount for the live core courses offered during the annual pre-symposium.

Have a question about supervision, consider joining the iaedp™ supervisor open call, Second Friday of the month 12pm Eastern Time, Dial-in Number (US): (563) 999-1091, Access Code: 540244

For more information please visit Certification page at <http://www.iaedp.com/certification-overview/>

MEMBERSHIP UPDATE

EMILY SANDERS, RD, LDN

Consider the benefits of joining Heartland iaedp which include access to a wide network of professionals in your field, discounted continuing education events and webinars (including the annual national symposium), access to the listserv, and inclusion in our online referral and membership directory!

Check out the new MemberSHARE webpage which provides a platform exclusively for members to connect and grow alongside other professionals. Symposium registration is open now! They are still taking volunteers, and chapter members can get a discount. If you have questions about our chapter's discount code, please contact membership@heartlandiaedp.com. For any questions about the membership profiles on the national website, iaedp.com, please email Rebecca Albertini at rebecca@iaedp.com.

STUDENT LIAISON UPDATE

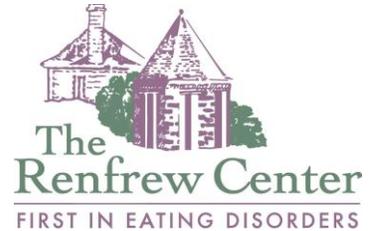
DESIREE HAWLEY, PSYD

Attention graduate students!! The Heartland Chapter offers four educational events each year and we are always looking for student volunteers. The events are a great way to get involved in the eating disorder community and to stay current on the most up to date research and practices being utilized in the field. Attendance to the event is FREE for student volunteers and there are ample opportunities to network. One of our recent volunteers at the December 1st event was offered a potential internship position for next year. I promise, it's a great way to meet people. Please reach out if you are interested in volunteering for one of our events in the future. Please contact Dr. Desiree at students@heartlandiaedp.com for more information.



THANK YOU TO OUR 2019 SPONSORS

Platinum Sponsors



Gold Sponsors



The iaedp Foundation, Inc. and their affiliated Chapters do not endorse any individual sponsors, treatment facilities, or their treatment philosophies

SOCIAL MEDIA UPDATE

SARAH GRACZ, MS, LMFT, CEDS

Have you checked out our website lately?! Click here → Heartlandiaedp.com for regular updates on upcoming events as well as photos, board members, and additional information. We also post on Instagram, Facebook, Twitter, and LinkedIn so be sure to follow us there by searching Heartland iaedp. As of 2018, all event registration takes place through Eventbrite. To receive emails for upcoming Heartland events, you can sign up through our website. Please email Sarah Gracz at socialmedia@heartlandiaedp.com for questions or to submit photos for our social media platforms. We would love to repost event and symposium photos!

Thank you everyone for making Winter Gala 2018 a great success!



Contact Us

Heartland Chapter
P.O. Box 2115
Northbrook, Illinois 60065-2115
heartland@heartlandiaedp.com
www.heartlandiaedp.com

Collaborative

Heartland iaedp was created in 2011 with the vision of being first and foremost a collaborative organization to bring professionals together with regard to supporting and educating our multidisciplinary teams that work with the eating disorder population. We are a group of psychologists, social workers, counselors, marriage and family therapists, dietitians, students, psychiatrists, medical physicians, and marketing personnel who support this very important work.

Multidisciplinary

We believe each professional has an important function with creating significant quality patient and client care, and are excited about bringing opportunities for professionals to collaborate and network with one another.

Quality

Meaningful, up to date, in-depth education is our goal. We want to provide opportunities for both experienced clinicians and new career clinicians to learn about quality treatment philosophies and modalities.

We are proud to have connections with multiple organizations that treat eating disorders within a variety of patient settings: residential, inpatient, and outpatient. We believe ongoing education helps connect these different treatment levels together in order to maintain effective change for our clients. We appreciate being able to connect in person to be able to learn more from each other about opportunities to better care for our patients and clients.

We welcome feedback, participation, and engagement in this very important field of study. We love inviting new people and seeing familiar faces at multiple events to deepen relationships and to learn from one another.

Please browse our website to learn more about our Officeholders as well as past and future events we will be hosting. We would love to have your involvement in what we do.

We are excited to meet you at our next event!

2019 BOARD MEMBERS

President
Kim Berger, MS, RDN, LDN

President Elect
Jancey Wickstrom, LCSW

Secretary
Anne Kubal, PhD, CEDS-S

Treasurer
Blair Famarin, LCSW

Education Chair
Denise Styer, PsyD, GLCC

Hospitality Chair
Ann Cerney, MS, LCPC

Marketing Chair
Alexandra Konefall

Membership Chair
Emily Sanders, RD, LDN

Social Media Chair
Sarah Gracz, MS, LMFT, CEDS

Student Liaison
Desiree Hawley, PsyD

Certification Chair
Delia Aldridge, MD, CEDS-S

Research Chair
Kyle Weber, PhD

Medical Liaison
Anna Kyachkina, MD

