

SAVE THE DATES

- December 7, 2019 (Annual Winter Gala)
- March 6, 2020 (Half-day event)
- March 26-29, 2020 (iaedp Symposium)
- April 24, 2020 (Half-day event)
- September 25, 2020 (Full-day event)
- December 5, 2020 (Annual Winter Gala)

Connect with us!



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A LETTER FROM OUR INCOMING PRESIDENT

Hello, I'm excited to introduce myself as the incoming President of the Heartland Chapter. For those of you who don't know me, my name is Jancey Wickstrom, and I'm a LCSW and have worked in the eating disorder field for the past 10 years. I've supported clients, families and clinical teams at many different levels of treatment, and it's hard to choose a favorite. I do always have a soft spot in my heart for residential care. Currently I am an Associate Instructional Professor at University of Chicago's School of Social Service Administration. I am gratified to see the high level of interest in treating eating disorders among my students.



I've learned so much these past two years serving as the Vice President of the Heartland Chapter. I am grateful to Kim Berger, MS, RDN, LDN, CEDRD for providing such a thoughtful, dedicated, professional and warm example of how to lead the Heartland Chapter. She is leaving quite a space to fill, and I will do my best to carry on her work. Of note, I'm especially interested in continuing to expand her success in producing superior educational events. This educational mission is the heart of ieadp to me, and I'm proud our chapter has such a thriving educational component (kudos here also to Denise Styer, PsyD for her tireless work in coordinating these educational events). These past two years we've offered various programs that have allowed us to expand in inclusive, exciting ways. I'm also excited to see if we can have some fun as a group- we're already thinking of ways to come together to build important professional connections outside of the educational events. Ultimately iaedp is about ensuring quality care for individuals who struggle with eating disorders. Educational events and solid professional networks are two ways we can fulfill this mission.

First, though, I will be out on a family leave. My husband and I are expecting a new baby in late September. The new baby will join us and our two year old, Linnea, in our Chicago home. Think good thoughts for us as we navigate this change, and I look forward to seeing you all at the Winter Gala in December.

OUR MISSION STATEMENT

“The Heartland iaedp Chapter aims to provide educational opportunities to treating professionals designed to increase awareness of eating disorder treatment and to enhance the skill of treating professionals.”

OUR STATEMENT OF PURPOSE

“The Heartland iaedp Chapter offers continuing education, networking, and support for professionals of all disciplines, orientation, and levels of experience treating eating disorders throughout the Midwest.”

A REQUEST FROM ONE OF OUR MEMBERS

HOLLY NICELY, DOCTORAL STUDENT AT ADLER UNIVERSITY

Hello, my name is Holly Nicely and I am a doctoral student in clinical psychology at Adler University. I am currently seeking participants for a study for my doctoral research. If you have any clients who you feel may meet the following criteria and would be interested in participating, please feel free to pass along this information to them or have them contact me directly. My study participants will be women ages 18 or older who currently have a diagnosed eating disorder and have a past history of traumatic experiences, at least one of which is a sexual trauma which occurred when they were 16 years old or older. If they are interested and eligible, the study will consist of an approximately 60 minute interview focused on their experience of their body, eating disorder, and how the experience(s) of trauma may have affected their experience of their body and/or eating disorder. I am interested in gaining a perspective on eating disorders from people who experience them firsthand as opposed to medical or mental health professionals who do not have a personal experience of an eating disorder. This study has been approved by IRB. If you have any questions, please contact the researcher, Holly Nicely, or the researcher’s chair, Dr. Scott Pytluk.

Holly Nicely:
Phone: 872-216-3249
E-mail: hollynicelystudy@gmail.com

Dr. Scott Pytluk:
(312) 662-4371



A FAREWELL
KIM BERGER, MS, RDN, LDN, CEDRD

As the ending of my Presidency draws near, and my next position as Past President soon approaches, I would like to express my appreciation and gratitude towards the Heartland committee and members. During my Presidency, there were a lot of changes, additions and extra workload within the committee. I am honored and grateful to be blessed with such a phenomenal committee to walk through this journey with me. I will cherish the friendships and memories throughout my lifetime. A special Thank You to all the sponsors, site hosts and members who have faithfully supported Heartland iaedp and all our endeavors. I will continue to be an active participant with the Heartland committee, so please do not hesitate to reach out to me if needed.

Warmly,
Kim

CHECK OUT OUR NEW SPONSORSHIP AND HOSTING OPPORTUNITIES FOR 2020
APPLICATION AND DETAILS ON THE WEBSITE

We are excited to share the iaedp Heartland Chapter sponsorship opportunities with you for the upcoming 2020 calendar year! We highly value our partners in the community and look forward to partnering together in 2020 to continue offering high-quality education, networking, and support for professionals of all disciplines, orientations, and levels of experience treating eating disorders throughout the Midwest.

Please check out the new offerings under each level of sponsorship and all the new opportunities for additional iaedp support outside of sponsorship.

Full year sponsorship is from 1/1/2020-12/31/2020. In order to guarantee your organization's listing in the materials for our first event in March, payment must be received by December 1st. iaedp is a 501(c) organization. Sponsorship fees are deductible as marketing expenses Organizations will be asked to send their logo and a 150 word description with their commitment; the chapter will use these materials to acknowledge and highlight our sponsors throughout the year. Please contact Alexandra Konefall at Alexandra.Konefall@alsana.com to become a sponsor.

CERTIFICATION CHAIR UPDATE

DELIA ALDRIDGE, MD, CEDS-S

Did you know that the only nationally recognized certification credential for Eating Disorders is currently the one issued by the International Association of Eating Disorders Professionals (iaedp™)? Through iaedp, an eating disorder professional can obtain a certification as a specialist, including the Certified Eating Disorder Specialist (CEDS), the Certified Eating Disorder Registered Dietitian (CEDRD), the Certified Eating Disorder Creative Arts Therapist (CEDCAT), and the Certified Eating Disorder Registered Nurse (CEDRN).

It is iaedp's™ mission to promote excellence in competency assessment for professionals in the eating disorders field through offering a rigorous set of criteria for the evaluation of education, training, knowledge and experience. iaedp's™ goal is to provide professional certification that is obtainable and affordable without compromising the high level of standards necessary.

The core courses are available online as a home study or you can register at a discount for the live core courses offered during the annual pre-symposium. Please consider registering for the pre-symposium in Orlando in March.

At the certification page, you can find an approved supervisor as well as an applicant log to track your hours. New! iaedp is offering an iaedp exam prep course which can be accessed on the website.

For the most updated information and changes please visit the certification page at <http://www.iaedp.com/certification-overview/>.

With a heavy heart we say goodbye to some of our fabulous board members: Kim Berger, Denise Styer, and Blair Famarin

We are also excited to welcome new board members: Katie Lenahan, Lacey Lemke, Kathleen O'Connor, and Melissa Carava

We are also thrilled to bring on two subcommittee members:

Erin Terada-COMC/Mentorship Subcommittee Lead

Katie Huber-Networking Event Subcommittee Lead

***Stay tuned for more details!**

THANK YOU TO OUR 2019 SPONSORS

Platinum Sponsors



Gold Sponsors



The iaedp Foundation, Inc. and their affiliated Chapters do not endorse any individual sponsors, treatment facilities, or their treatment philosophies

SOCIAL MEDIA UPDATE

SARAH GRACZ, MS, LMFT, CEDS

Have you checked out our website lately?! Click here → Heartlandiaedp.com for regular updates on upcoming events as well as photos, board members, and additional information. We also post on Instagram, Facebook, Twitter, and LinkedIn so be sure to follow us there by searching Heartland iaedp. As of 2018, all event registration takes place through Eventbrite. To receive emails for upcoming Heartland events, you can sign up through our website. Don't forget to tag Heartland iaedp on all of your social media posts!

Thank you everyone for making our 2019 events a great success! I look forward to seeing you at our winter gala-one of my favorite events!



Contact Us

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www.heartlandiaedp.com

Collaborative

Heartland iaedp was created in 2011 with the vision of being first and foremost a collaborative organization to bring professionals together with regard to supporting and educating our multidisciplinary teams that work with the eating disorder population. We are a group of psychologists, social workers, counselors, marriage and family therapists, dietitians, students, psychiatrists, medical physicians, and marketing personnel who support this very important work.

Multidisciplinary

We believe each professional has an important function with creating significant quality patient and client care, and are excited about bringing opportunities for professionals to collaborate and network with one another.

Quality

Meaningful, up to date, in-depth education is our goal. We want to provide opportunities for both experienced clinicians and new career clinicians to learn about quality treatment philosophies and modalities.

We are proud to have connections with multiple organizations that treat eating disorders within a variety of patient settings: residential, inpatient, and outpatient. We believe ongoing education helps connect these different treatment levels together in order to maintain effective change for our clients. We appreciate being able to connect in person to be able to learn more from each other about opportunities to better care for our patients and clients.

We welcome feedback, participation, and engagement in this very important field of study. We love inviting new people and seeing familiar faces at multiple events to deepen relationships and to learn from one another.

Please browse our website to learn more about our Officeholders as well as past and future events we will be hosting. We would love to have your involvement in what we do.

We are excited to meet you at our next event!

2019 BOARD MEMBERS

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Jancey Wickstrom, LCSW

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